



HIKER



Notice of Future Meetings

Meetings are open to all members. NBATC welcomes and encourages your attendance at Board and Outing Planning Meetings.

Hiker Happy Hour

Wednesday, October 4 Starts at 5:00 PM Emerald Stone Grille 1001 Jefferson St., Lynchburg (434)439-4906

Healthfest

Saturday, October 7, 11:00 AM – 3:00 PM Miller Park 2100 Park Ave, Lynchburg Viki Gossen, (434)258-0883 Jordan Welborn

NBATC Annual Meeting

Thursday, October 12, 6:00 PM Peakland United Methodist Church 4434 Boonsboro Road, Lynchburg

Regional Partnership Committee Meeting

Saturday, October 14 Location and Time TBD Doug DeJarnette

Hiker Happy Hour

Thursday, November 2 Starts at 5:00 PM Loose Shoe Brewery 198 Ambriar Plaza, Amherst (434)946-2337

NBATC Board Meeting

Thursday, November 9, 7:00 PM Rm 306, Miller Center, 301 Grove Street, Lynchburg

Hiker Happy Hour

Thursday, December 7 Starts at 5:00 PM Beale's Brewery and BBQ 510 Grove St., Bedford (540)583-5113

Adopt-a-Highway

Saturday, December 9, 9:00 AM Boonsboro SC Larry Spangler, (540)460-6903

President's Message by Mike Rieley

Many of our maintainers agree that 2017 will go down as "the year of the weed." Conditions must have been perfect for weed growth because they were hardy and relentless. We must have done an excellent job of keeping the trails clear though because we received our usual kudos from hikers about the excellent condition of our section. We now are seeing the very end of the SOBOs (south-bound thru hikers) bubble that was larger than usual but did not compare to the huge numbers of NOBOs (north-bound thru hikers) we saw in the late spring and early summer. Some of us are beginning to look forward to the first frost and the end of weeds, bugs and bees. Falling leaves will open vistas we

Hiking Schedule - October, November, December 2017

Hikes are graded acording to difficulty. Consult the hike leader for a more specific appraisal.

E = Easy hike, 2-5 miles. Expect good trails, often old roads.

EM = Easy to Moderate, 3-6 miles. Expect steeper trails and more hills.

M = Moderate, 5-8 miles. Trails may be difficult walking in places.

MS = Moderate to Strenuous. Expect longer hikes with more climbing, perhaps bushwacking.

S = Strenuous. Expect long hikes and hill climbing with large elevation gains, bushwacking.

HD = Hiking Distance DD = Driving Distance MRT = Miles Round Trip PCIAFD = Please Call In Advance For Directions

You may drive your own car if you wish. However, carpooling is suggested to save gasoline and because parking at trailheads is often limited. The hike leader is responsible for arranging transportation. The amount to help defray car expenses is noted on the schedule and should be given to your driver. If you are unable to contact the hike leader and the weather is suitable for hiking, it is suggested you go to the meeting place as planned.

RESPONSIBILITY FOR SAFETY

There are certain risks that are inherent in any hike or other club activity. These include, but are not limited to, weather conditions, trail conditions, ticks, wildlife, plant and insect allergens, etc. Each NBATC member, guest, or non-member agrees to accept responsibility for his or her own safety. Adults who are accompanied by minors agree to accept responsibility for those minors. Hike leaders are responsible for hike organization, reasonable instruction and guidance, and proper documentation. Hike participants are responsible for following this reasonable guidance and instruction. By signing this form, each hike participant is affirming that he/she has read and understands these responsibilities.

From the Outing Planning Committee

If you are planning to go on a hike, please call the hike leader at least the evening before the hike. That's not only a courtesy to the hike leader, but also an aid to planning transportation to the trailhead. It's the fall quarter – it's hunting season, so wear very visible colors. It's one of our best hiking seasons, with beautiful foliage and crisp days.

October 2017

Sun. October 1 Hike #5992 (MS) Apple Orchard Falls and Cornelius Creek Trails Loop 9:00 AM @ Forest Square SC Leader: T. Upshur, 434-610-8808 HD: 7 miles - DD: 60 MRT - carpool share: \$4

We will stay close to the cooling waters of Cornelius Creek and Apple Orchard Falls as we enjoy this beautiful area.

Sat. October 7 Hike #5993 (E) Wildcat Mountain Hiking Trail 8:00 AM @ Boonsboro SC - form carpool and meet leader at James River Foot Bridge at 8:30 AM Leader: Coby Pieterman, 540-586-8464 HD: 4 miles - DD: 60 MRT - carpool share: \$4

The trail is located inside Cave Mountain Lake Recreation Area, near Natural Bridge Station. We will form a carpool at the James River Foot Bridge and drive to the trailhead. There is a \$5 per car fee to enter Cave Mt. Recreation Area. Come out and join the Wildcat Trail loop hike.

Sun. October 8 Hike #5994 (S)
North Mountain Trail
8:00 AM @ Waterlick Plaza
Leaders: Trudy and John Phillips, 434-384-4870,
trudyephillips@gmail.com
HD: 11 miles – DD: 104 MRT - carpool share: \$5

The North Mountain Trail was the route of the A.T. in the 1970s. We will start at the parking area for the Andy Layne Trail (also former A.T.), ascend to the top of North Mountain from the Catawba Valley, and then follow the rolling ridge line to Route 311.

Thursday, October 12 NBATC Annual Dinner Meeting 6:00 PM @ Peakland United Methodist Church 4434 Boonsboro Road, Lynchburg

This is the annual membership meeting of the NBATC at which we elect new officers and directors. This is a good opportunity to socialize with other club members and share your culinary skills. Everyone is asked to bring a dish sufficient to serve at least six people.

October (Cont'd) 2017

Sat. October 14 Hike #5995 (M) Otter Creek Trail 9:00 AM @ Boonsboro SC Leader: Mahendra Punatar, 434-221-0792 HD: 7 miles - DD: 40 MRT - carpool share: \$3

We'll hike the Otter Creek Trail from the James River Visitor Center to the campground and back. It's a lovely hike along the creek. Bring hiking sticks and dry socks in case we encounter wet areas.

Sun. October 15 Hike #5996 (E) James River State Park 1:30 PM @ Madison Heights Lowe's Leaders: Nora and Jim Cox, 434-845-0048 HD: 3 miles - DD: 50 MRT - carpool share: \$3

We will take an ecological exploration of the James River State Park hiking trails. Come out to our local state park and enjoy a wonderful fall hike.

Fri/Sat/Sun October 20-22 Hike #5997 (M) Beginner's Backpacking Trip Contact hike leader for meeting time and location Leader: Becky Mahlburg, 816-261-6372 HD: 6 miles - DD: 50 MRT - carpool share: \$3

Do you want to try backpacking? Join us for a beginner's 1-2 night backpacking trip featuring Apple Orchard Falls. For the two-night option (Friday Oct 20 to Sunday Oct 22), we will set up camp Friday evening near the trailhead and hike a circuit on Saturday with another night in camp. The one-night campers may join us for the hike and Saturday camping. The shorter version of the hike is 5.6 miles with an elevation gain of 1,680 feet. Contact the hike leader a week in advance for details and planning.

Hiking Schedule - October, November, December 2017

October (Cont'd) 2017

Sat. October 21 Hike #5998 (VS)
Long Mountain Wayside to Hog Camp Gap Loop
8:00 AM @ Madison Heights Lowe's - form carpool and meet
leader at Long Mountain Wayside at 9:00 AM
Leader: Mike McCormack, 434-384-1944
HD: 14 miles - DD: 65 MRT - Carpool Share: \$4

This loop hike starts at Long Mountain Wayside and we'll follow the A.T. north to Hog Camp Gap. The return will be via the Old Hotel Trail and Cow Camp Gap Shelter, then hiking south on the A.T. back to the Wayside. This incredible hike includes a 5,500 foot elevation gain, amazing views, plus fantastic fall colors.

Sun. October 22 Hike #5999 (E) Claytor Nature Study Center trails 1:30 PM @ Forest Square SC or 2:00 PM at entrance at 1844 Woods Road Leaders: Bob and Polly Flint, 434-841-7633 HD: 4 miles - DD: 30 MRT - Carpool Share: \$3

The 470-acre Claytor Nature Study Center encompasses freshwater streams, woodlands, wetlands, grasslands, rare plants, wildlife, and a portion of the Big Otter River. The 18th century farm and plantation house were given to Lynchburg College by A. Boyd Claytor III as an education and research center for environmental study and to preserve the land for future generations. We'll hike the nature trails that wind their way through the preserve, and may be able to explore newly acquired acreage north of Woods Road.

Sat. October 28 Hike #6000 (M) Slower-Paced Hike: Bearwallow Gap to Jennings Creek 8:00 AM @ Forest Square SC Leader: Herb Vreeland, 434-385-1826 HD: 7 miles - DD: 75 MRT - carpool share: \$4

This will be a special slower-paced hike. We will take our time with plenty of stops along the way for hikers to rest, catch their breath, and enjoy the views. We will start at Bearwallow Gap, climb 500' in the first mile and then mostly descend for the next six miles to Jennings Creek. There should be a variety of fall colors and lunch will be at Cove Mountain Shelter. Come join us for our first "choose your pace" weekend hike. It's also club hike #6000 – don't miss it!

Sun. October 29 Hike #6001 (S)
Douthat SP, Blue Suck Falls Loop
8:00 AM @ Boonsboro SC – form carpool and meet leader at
Tractor Supply Co. in Lexington (800 N. Lee Hwy, US-11, just
north of the Maury River)
Leader: David Agnor, 614-323-5310
HD: 10 miles - DD: 150 MRT - carpool share: \$5

This loop hike is on well maintained trails and includes a 2,200 foot elevation rise, many mountain overlooks, views of the lake and falls, even an old log cabin. Note: the entry fee for Douthat State Park is \$5 per car. Special note to hikers from the Lexington & Rockbridge

\$5 per car. Special note to hikers from the Lexington & Rockbridge County area: Contact the hike leader to arrange carpool from Lexington to the state park (carpool share \$3).

November 2017

Sat. November 4 Hike #6002 (M) Carvin Cove to Hay Rock on the A.T. 8:00 AM @ Waterlick Plaza Leader: Laura Jones, 434-221-1797 HD: 8 miles - DD: 90 MRT - carpool share: \$4

We'll start at US-220 in Daleville and climb on the A.T. to the ridgeline overlooking Daleville and the Carvin Cove Reservoir. We'll stop at the Hay Rock Overlook and then return by the same route

Sun. November 5 Hike #6003 (M)
Candlers Mountain trails
9:00 AM — contact hike leader for meeting location
Leader: Angelo Mercado, 434-941-9843
HD: 7 miles - DD: local

We will explore some of the extensive Candlers Mountain trails with a stop at Monogram Hill, which offers panoramic views of Lynchburg and the Blue Ridge Mountains. We will stop at Lake Hydaway to have lunch. Expect some moderately steep hills. Contact the hike leader for specific meeting place/parking lot details.

Sat. November 11 Hike #6004 (S)
Whetstone Ridge Trail - Joint Club Hike
8:00 AM @ Madison Heights Lowe's – form carpool and meet
hike leader at Whetstone Ridge VC at 9:00 AM
Leader: Jeff Monroe, 434-962-1808
HD: 11 miles - DD: 90 MRT - carpool share: \$4

The hike will begin at Milepost 29 on the Blue Ridge Parkway at Whetstone Ridge Visitor Center. The trail runs along the spine of the ridge for approximately eight miles and offers great views, including Three Ridges, The Priest and Adams Peak. There are many short climbs and drops along the ridge. The last few miles descend 1250 feet before exiting on VA 603. There will be a 35 minute shuttle from VA 603 to the Parkway. NOTE: This will be a joint hike with members of the PATC Charlottesville Chapter and NBATC.

Sun. November 12 Hike #6005 (M) Walnut Creek Park 9:00 AM @ Madison Heights Lowe's Leader: Becky Mahlburg, 816-261-6372 HD: 6 miles - DD: 114 MRT - carpool share: \$5

We will take a drive north to Walnut Creek Park, southwest of Charlottesville. We will hike about six miles of trails on densely wooded hillsides surrounding a 25-acre lake. Mileage may be adjusted for individuals. On our way home, we plan to stop at Dr. Ho's Humble Pie for fabulous pizza!

Hiking Schedule - October, November, December 2017

NBATC HIKE MEETING PLACES

- Madison Heights Lowe's On US-29 in Madison Heights. Meet on the library side of the parking lot, in front of Goodwill, but nearest to the highway.
- Boonsboro Shopping Center On Boonsboro Road. Meet on the Starbucks side of the shopping center.
- Buena Vista Food Lion On US 60 west of downtown Buena Vista. Meet on the side of the parking lot adjacent to US 60.
- Fairview Square Shopping Center Off Campbell Avenue just before the US 460 exit (turn at Burger King).
- Forest Square Shopping Center On Rt 221 in Forest. Meet near BB&T Bank.
- Waterlick Plaza On Timberlake Road (Rt 460 Business). Meet near Wells Fargo Bank.

November (Cont'd) 2017

Sat. November 18 Hike #6006 (EM)

Three Short Hikes

1:00 PM @ Waterlick Plaza

Leader: Larry Scott, 434-525-7126

HD: 4 miles - DD: Local

Let's get together and take three short hikes in three area woods/ parks within a short driving distance of each other: Ivy Creek Park trails (which the club helped to build), Heritage Park, and CVCC Nature Trail. We will meet at Waterlick Plaza and carpool to the hikes.

Sun. November 19 Hike #6007 (VS)

The Priest: from both directions

8:30 AM @ Madison Heights Lowe's – form carpool and meet

leader at trailhead at 9:30 AM

Leader: John Vosburgh 540-348-6380

HD: 9 miles - DD: 80 MRT - carpool share: \$4

The hike will start at the Route 56 A.T. trailhead parking lot. We will hike to the top of The Priest and have lunch at The Priest Shelter before returning to the Route 56 trailhead. The overlook offers amazing views. This is a difficult hike which has a 3,000 plus foot elevation rise and descent, with some rocky areas on the trail. Hikers from west of the Blue Ridge (Lexington and Rockbridge County) should contact John to arrange carpool.

Little Free Library

Please come by and visit the Little Free Library at the AT shelter in Glasgow and drop off a favorite paperback or two for the hikers to take on their journeys. Thank you!

November 2017 (Cont'd)

Sun. November 26 Hike #6008 (EM) **Blackwater Creek Trails** 1:30 PM @ Ed Page entrance (off Langhorne Road) Hiking Distance 3 to 6 miles

The Natural Bridge Appalachian Trail Club invites members and nonmembers to come out and hike some of the trails in the Blackwater Creek Natural Area. We'll meet at the Ed Page entrance and collectively decide which trails to hike. Hikers can opt out at most any time, perhaps with just a little help to get back to the main paved trail. All minors must be accompanied by a parent, legal guardian, or other responsible adult. Dogs must be kept on leash at all times and owners must come prepared to clean up after their pets. Call 434-385-1826 if you have questions.

December 2017

Sat. December 2 Hike #6009 (S) Hunting Creek Trail, A.T., and Glenwood Horse Trail Loop 8:00 AM @ Boonsboro SC

Leader: Nancy Anthony, 434-283-5431

HD: 10 miles - DD: 40 MRT - carpool share: \$3

This will be a loop hike on Hunting Creek Trail, the A.T. from the junction with Hunting Creek Trail to Petites Gap and a section of the Glenwood Horse Trail. The hike will start either at Petites Gap or at the Glenwood parking area on the Hunting Creek Road, depending on the hikers planning to join the hike. Therefore, please call the hike leader in advance

Wednesday Work Hikes - We have work hikes almost every Wednesday. If you are interested in a work outing during the week, please contact Eric Anderson in Moneta at 540-721-1994 (eric.anderson.sml@gmail.com) or Trudy Phillips in Lynchburg at 434-384-4870 (trudyephillips@gmail.

Thursday Hikes - For easy-to-moderate hikes, contact Dot Craig at 540-586-0519 (despirit1@aol.com). For moderate-to-strenuous hikes, contact Bev Henderson at 540-583-5289 (ranbhenderson114@gmail.com).

Friday Hikes - If Friday is a more convenient day to go hiking, call Dorothy Freerksen at 434-525-5436. Hike with the "Day Flowers."

Saturday Work Hikes - We have work hikes almost every Saturday. If you are interested, call Jason Hammer at 434-401-4204 for the meeting place.

December (Cont'd) 2017

Sun. December 3 Hike #6010 (M) Super-size Full Moon Hike 1:30 PM @ Madison Heights Lowe's Leaders: Jordan Welborn, 434-209-4935 & Jason Hammer, 434-401-4204

Jason Hammer, 434-401-4204 HD: 2 miles - DD: 75 MRT - carpool share \$4

The full moon will be closer to the earth and larger than usual. From Hog Camp Gap, we will hike one mile up to the vast open view on top of Cold/Cole Mountain. Sunset is 4:58 PM and moonrise is 5:28 PM. Bring warm clothes, blanket, headlamp or flashlight, and a picnic to enjoy before the show begins. Please note: We will be descending in the moonlight, but it will still be dark. Please contact the hike leader if sky visibility is questionable.

Sat. December 9 Hike #6011 (E) Adopt-A-Highway 9:00 AM @ Boonsboro SC; form carpool and meet hike leader at pull-off near the dam on US 501 & VA 130 Leader: Larry Spangler, 540-460-6903 HD: 3 miles - DD: 40 MRT - carpool share: \$3

NBATC cleans up litter along a section of US 501 and VA 130 near the A.T. crossing at the Foot Bridge. Please come out and help keep our area free of litter and earn some maintenance hours, too!

Sun. December 10 Hike #6012 (S)

Salt Log Gap, Seeley Woodworth, and Lovingston Spring Loop 8:00 AM @ Madison Heights Lowe's - form carpool and meet leader at Long Mountain Wayside at 9:00 AM Leader: Laura Neale, 540-261-1909 HD: 11 miles - DD: 75 MRT - carpool share: \$4

We will hike a lollipop loop starting from Salt Log Gap going up and over Elk Pond Mountain via the Lovingston Spring Trail to Seeley-Woodworth Shelter, and returning south on the A.T.

Sat. December 16 Hike #6013 (S)
The Cardinal
8:00 AM @ Madison Heights Lowe's - form carpool and meet leader at Long Mountain Wayside at 9:00 AM
Leader: Mike McCormack, 434-384-1944
HD: 8 miles - DD: 70 MRT - carpool share: \$4

This is a great hike to start the winter season. This distinctive bushwhack hike is challenging but rewarding with beautiful views along the way. Come along and see what is on top of one of the dominant peaks in the "Religious Range."

Sun. December 17 Hike #6014 (MS) A.T. to Mau-Har Trail to Waterfall Grotto 8:30 AM @ Madison Heights Lowe's Leader: Herb Vreeland, 434-385-1826 HD: 7 miles - DD: 80 MRT - carpool share: \$4

This fun in-and-out hike is rated MS because of some steep trail sections and a significant elevation rise going up the mountain then down to the waterfall grotto. The hike is in a Wilderness area, limiting it to ten hikers. Please call the hike leader to register for the hike.

December (Cont'd) 2017

Sat. December 30 Hike #6015 (S) Piney Ridge, A.T., Sulphur Springs Lollipop 8:30 AM @ Boonsboro SC Leader: Herb Vreeland, 434-385-1826

HD: 11 miles - DD: 35 MRT - carpool share: \$3

This is a great winter trail with amazing views during the entire hike. Except for the initial climb and one rocky area, the trail is very enjoyable.

Sun. December 31 Hike #6016 (EM)
Peaks View Park Trails
1:30 PM at Ardmore Drive entrance (off Old Forest Road)
Hiking Distance: 3 to 6 miles

The Natural Bridge Appalachian Trail Club invites members and non-members to come out and hike some of the trails in the Bill Foot Recreation Area. We'll meet in the Ardmore Drive parking area and collectively decide which trails to hike. Hikers can opt out at most any time, perhaps with just a little help to get back to the main paved trail. All minors must be accompanied by a parent, legal guardian, or other responsible adult. Dogs must be kept on leash at all times and owners must come prepared to clean up after their pets. Call 434-385-1826 if you have questions.



Hiking Tips for Hunting Season

by Herb Vreeland

It's that time of the year again. Hunting season of some kind will be in effect throughout most of the 4th Quarter, so be careful out there. Here are some hiking tips taken from the ATC website:

- Peak deer season is November 18 December 2 and Peak bear season is November 27 – January 6
- Wear blaze orange
- Avoid wearing white, red, and blue
- Use extra caution at dawn and dusk
- Use extra caution near roads and in valleys
- Be heard

Also, and very important, hunting is still prohibited on Sundays on all public lands in Virginia. See http://www.dgif.virginia.gov/hunting/ for a complete list of seasons and regulations.

President's Message Cont'd from page one

haven't seen since last winter. We are fortunate to live in a climate with four distinct, beautiful seasons.

Congratulations to Supervisor of Trails Jason Hammer, VP Doug DeJarnette and to all those who helped with the A.T. trail relocation project on Highcock Knob during the three weeks Konnarock crews worked with us this summer. We are now within a year of completion of this much needed improvement to the trail. Konnarock leaders noted that NBATC gives them exceptional support. In addition to Hammer and DeJarnette, Konnarock honored Bev Henderson, Nancy Anthony, Trudy Phillips, John Phillips and Logan Moran for their work by presenting them Konnarock t-shirts.

NBATC was well represented at the ATC conference in Waterville, Maine, in August. Some members who attended will report on their experiences during the NBATC Annual Meeting in October. A highlight of the conference was that eleven NBATC members received the National Park Service Appalachian National Scenic Trail's Silver Service Award for 25 years of active service to the AT. They are: Claudette Benavitch, Chuck Dideon, Bob Ellinwood, Garry Friend, David Horton, Patsy Iossi, Pete Iossi, Gretchen Morgan, Tom Morgan, Larry Scott and Andy Woody. Congratulations to all our Silver Service Award recipients. They join a large group of faithful NBATC members that have previously been so honored.

The past two years have reinforced what I said in my first President's Message. NBATC has an amazing team of volunteers with different backgrounds and expertise all working together to preserve and maintain the A.T. Their love of the outdoors and hiking is obvious as you hike on the well maintained trails in our region. Thank you for all that you do.



Twenty-six Happy Hikers visited the Devil's Marble Yard this winter.

Photo by Sally Santmyer



Renewed Your Membership?

by Steve Tanner

If you have not renewed your membership, then you are past due. This will be the last newsletter that you will receive. Your membership is past due if the mailing label on your newsletter has a \$\$ (double dollar sign) next to your name. Please send in your renewal promptly to save NBATC the cost of mailing you a final notice. A membership renewal form can be found on the NBATC website and in last quarter's newsletter.

http://www.nbatc.org/pdfs/memform.pdf

NBATC New Member Report

by Steve Tanner

Period From: 6/3/17 To:9/7/17

NBATC is pleased to welcome nine new members listed below. If you have any membership related questions, please contact me by phone (832-4506) or email (nstanner12@earthlink.net).

Karen and E L McGuire Jr, Bedford Mike and Vicki Martin, Bedford Rick Milam, Lynchburg Kacie Shifflett, Glascow Kenneth and Peggy Williams, Saxe Frances Phetteplace, Lynchburg

L.L. Bean Grants to A.T. Clubs

by Bob Flint

Thanks to a grant from ATC's L.L. Bean Grants to A.T. Clubs program of \$1,630 we have purchased two gas-powered tools. One is a Stihl BT45 wood-boring drill; the other is an AUS 125 GHD rotary-hammer drill for drilling and chipping rock. We've bought bits for both tools and NIOSH certified N95 Particulate Respirators to be worn when drilling or chipping rock. In our grant application we said that we anticipate volunteer labor using these tools 20 to 40 hours annually.



Volunteer Hour Recording Period Ends Sept. 30 By Emily Helms

NBATC reports volunteer hours to our agency partners where they are used for management and funding purposes. NBATC uses volunteer hours for management and funding and also for awards purposes.

Due to reporting deadlines, volunteer hours for the period Oct 1, 2016 - Sept 30, 2017 need to be reported by Monday, October 8.

Please report hours via email.



Konnarock Crew getting ready to work.

Photo by Michael Reynolds



The ATC's Konnarock Volunteer Trailbuilding Crew worked on the Highcock Knob Relocation Project June 23-27, July 1-5 & 12-16, 2017. Good progress was made on this challenging and technical project. Five NBATC members earned t-shirts working with the crew. The club treated the crew to a BBQ dinner (with all the fixins) each week. The volunteers and crew members were greatly appreciative of our hospitality and assistance. The project should be completed next year.

Nominations for Board of Directors

by Bill Bishop, Bev Henderson, & Jason Hammer

The following members have agreed to be nominated for positions on the NBATC Board of Directors. The election of all officers and half of our directors up for election will take place during the annual membership meeting on October 12th:

President - Mike Rieley Vice President - Doug DeJarnette Supervisor of Trails - Jason Hammer Treasurer - David Helms

Secretary - Becky Mahlburg

Directors-at-Large - Nancy Anthony, Carol Caswell, Viki Gossen, Bev Henderson, Cowles Meredith

At the July Board Meeting, the Board of Directors elected Herb Vreeland to fill Berndie Lunsford's 2016-2018 Director position after Berndie resigned. Thank you, Berndie for your service!

Natural Bridge Appalachian Trail Club P.O. Box 3012 Lynchburg, VA 24503

Address Service Requested



Happy Hiker Leah Weiss at book signing in Waynesboro for her newly published national bestseller, "if the creek don't rise." Happy Hikers from left: Judi Williams, Ellen Martin, Leah Weiss, Debbie Maurer and Dave Harpster.

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NBATC Board of Directors

| President | Mike Rieley | 316-4130 |
|--|-----------------|--------------|
| Vice President | Doug DeJarnette | 942-0695 |
| Supervisor of Trails | Jason Hammer | 401-4204 |
| Secretary | Becky Mahlburg | 816-261-6372 |
| Treasurer | David Helms | 237-2180 |
| Directors | Nancy Anthony | 283-5431 |
| | Carol Caswell | 907-5629 |
| | Bob Flint | 384-5251 |
| | Laurel Foot | 384-0013 |
| | Bev Henderson | 540-583-5289 |
| | Angelo Mercado | 941-9843 |
| | Cowles Meredith | 841-8333 |
| | John Phillips | 941-6046 |
| | Norman Sykora | 946-7084 |
| | Herb Vreeland | 385-1826 |
| Immediate Past President Nominating Committee | Bill Bishop | 665-0453 |





NBATC is a Class A member of the Appalachian Trail Conservancy, an affiliate member of the American Hiking Society, and maintainer of 90 miles of the A.T. from the Tye River to Black Horse Gap.

Website: www.nbatc.org
Facebook: www.facebook.com/nbatc.hiker
E-mail contacts: happifeet@msn.com

Committee Chairs

Laurel Foot

Adopt-A-Highway

| Member Communications | happifeet@msn.com | 304-0013 |
|--|--|--------------|
| Archives | Sharon Ripley samandsharon211@gmail.com | 237-4015 |
| Asst. Supervisor of Trails | Norman Sykora njsykora80@gmail.com | 946-7084 |
| Awards (88 Miler) | Jessica Harber jessicakharber@gmail.com | 363-5067 |
| Ecology | Nora Cox jimandnor@verizon.net | 845-0048 |
| Grants Manager | Bob Flint bflint@lgflint.com | 384-5251 |
| Guidebook | Nancy Anthony nanthony@embarqmail.com | 283-5431 |
| Guidebook Sales | Bev Henderson randbhenderson 114@gmail.com | 540-583-5289 |
| Hiking Spree | Alex Newmark alexnetman35@yahoo.com | 385-5616 |
| Hiker Miles Outings | John Phillips johnm.phillips1949@gmail.com | 941-6046 |
| Membership | Steve Tanner nstanner12@earthlink.net | 544-1451 |
| Newsletter/Website | Tom Morgan tom.morgan.100@gmail.com | 851-8588 |
| Newsletter Mailing | David Helms davidahelms47@gmail.com | 237-2180 |
| Outings | Herb Vreeland herb.vreeland@gmail.com | 385-1826 |
| Parks and Recreation | Viki Gossen vikigossen@gmail.com | 239-0403 |
| Public Relations | Jordan Welborn honkifyoulikecookies@hotmail.com | 209-4935 |
| Social | Carol Caswell carolnmnc@gmail.com | 907-5629 |
| Work Hours/Section Leader Coordinator | Emily Helms helms5000@gmail.com | 237-2180 |